



Texas Southern University

Department of Athletics

3100 Cleburne Street • Houston, Texas 77004

Telephone (713) 313-7603

Fax (713) 313-1045

Email: bushrr@tsu.edu / Website: www.tsuball.com

59TH ANNUAL TSU RELAYS

The 59th Annual TSU Relays is quickly approaching, and now is the time to prepare for registration.

The TSU Relays is the 5th largest track and field meet in the country, where some of the nation's top high school, college, university and professional athletes will meet in competition.

The Relays are scheduled for March 19 - 20, 2010 at Texas Southern Alexander Durley Sports Complex.

Registration begins January 5TH 2010 at 12:00 (noon) and runs through March 15, 2010 at 10:00 PM. We have made it easy and convenient for each team. Just log-on to www.directathletics.com to get your athletes signed up for the 2010 TSU Relays. You can also view all information and Relay package by logging on to www.TSUBall.com. or www.intlsprts.com

Don't miss your opportunity to compete in the 59th Annual TSU Relays...
IT'S MORE THAN A TRACK MEET, IT'S AN EVENT!

For additional information, please contact:

Roland Caldwell, TSU Relays Meet Director (713) 433-0527

Rodney Bush, TSU Sports Information Director (713) 313-7603

Rosiland Thomas, TSU Office Manager (713) 313-6830



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Dear Coaches:

The 59th Annual TSU Relays are scheduled for March 19 & 20, 2010 at Texas Southern University Track and Field complex. Please accept this letter as a formal invitation for you and your team to participate in the 2010 TSU RELAY. We do hope that you will mark the above dates on your calendar and plan to be a part of this great event. PLEASE FILL OUT THE BOTTOM PORTION AND RETURN TO THE ADDRESS BELOW.

MAIL TO: **TSU RELAY ATHLETIC DEPARTMENT**
Texas Southern University
3100 Cleburne
HOUSTON, TEXAS 77004

We plan to attend the 2010 TSU Relays.

We do not plan to attend the 2010 TSU Relays.

PLEASE CHECK DIVISION.

Men Women High School Boys High School Girls

Middle School Boys Middle School Girls

School/Club

Address

City/State/Zip

Email Address

Coaches Name (please print)

Area Code/School Phone

Area Code/Fax Number

Fax your confirmation to 713-433-9937 or 713-313-1045 or e-mail it to rhcisc@aol.com or Thomas_RH@tsu.edu.

59th Annual TSU RELAYS APPLICATION



March 19 & 20, 2010
Texas Southern University



Contact Name

School/Club

Division

Address

City

State

Zip

Work Phone

Home Phone

Fax Phone

E-mail address

Entry Fees

Middle School Boys/Girls \$20.00 Each Team

High School Boys/Girls \$75.00 Each Team

College/University Men/Women \$175.00 Each Team

Open, Unattached Athletes \$25.00 per Athlete or \$150.00 per team,
which ever is least.

All checks or money orders must be made payable to: TSU Relays Athletics Department

THIS FORM OR A COPY OF IT MUST ACCOMPANY ALL PAYMENTS.

MAIL TO: Texas Southern Athletics, 3100 Cleburne Street, Houston, Texas 77004, Attn: Wayne Augillard

**59th
Annual
TSU
Relays
Entry
Fee**

Circle Payment Method: **Check** **Credit Card** **Money Order** **Cash**

Check Number: _____

Card Number: _____

Expiration Date: _____

Signature: _____

Phone: (713) 313-7630

Fax: (713) 313-7273

Deadline: Mail before March 14, 2010



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TSU Relays QUICK REMINDERS

ELIGIBILITY:

Federation rules will apply to all High School Division teams. NCAA rules will apply to Universities/College Athletes. All Athletes and teams must be in good standing with their state interscholastic association. Their school officials must enter all athletes representing their school in the TSU Relays. A qualifying time or mark is not required, but can help in determining lane assignments.

LIMIT OF ENTRIES:

Two (2) athletes per team will be allowed to compete in individual events and only one (1) team entry per relay will be allowed. Universities/Colleges may enter up to five (5) athletes per individual events. There is no limit for the 800m and up. You may enter A, B and C relay teams on University/College levels only.

ENTRY FEES:

There will be an entry fee of \$75.00 for each Team (Example: Boys \$75 & Girls \$75=\$150 for both) or \$15.00 per athlete, whichever is lower. This entry fee applies to all divisions. Open athletes fee is \$25.00 per athlete or \$150.00 per team. Universities/College entry fee is \$175.00 per team (\$175.00 Men, \$175.00 Women).

Middle School entry fee is \$20.00 for boys, and \$20.00 for girls.

Entry fees are not transferable or refundable. All open participants must have current USATF Cards. You may mail entry fees before March 14, 2010.

NOTE: MAKE ALL CHECKS PAYABLE TO: TSU RELAYS ATHLETICS DEPARTMENT.

MAIL ALL CHECKS TO:

**TEXAS SOUTHERN UNIVERSITY
ATHLETICS DEPARTMENT-TSU RELAYS
3100 CLEBURNE ST.
HOUSTON, TX 77004
ATTN: WAYNE AUGILLARD**

DROP OFF LOCATION:

**H&PE ARENA (ENNIS @ WHEELER)
ROOM 159
ATTN: WAYNE AUGILLARD**

ENTRY DEADLINE:

Deadline for entry to the TSU Relays will be Monday, March 15, 2010, 10:00pm. Entry will be accepted on line only. All others will not be accepted. Direct Athletics will be handling all entries starting January 5th 2010.

Entry site address: www.directathletics.com.

If you have participated in a major meet within the past year, your user name and password with Direct Athletics will be the same. New users can establish a free account by simply using instructing given on Direct Athletic web site.

AWARDS:

Awards will be presented to the top three finishers. Watches and T-shirts will be presented to university and college athletes, medals will be awarded to high school and junior high athletics. T-shirts will be awarded to open athletes.

ACCOMMODATIONS:

Each team is responsible for its own meals and housing. This duty will not be handled through or by any members of the Relay Committee. Reservations should be made as soon as possible to avoid conflict with Conventions, etc. The host hotel for the TSU Relays is JW Marriott in the Galleria. **See enclosed brochure for hotel information.**

PACKAGE PICK-UP:

All changes should be made by internet before March 15, 2010. Drops can be made when you pick up your packages on Thursday March 18, 2010 from 1:00pm to 4:30pm in the TSU Health and Physical Education Building. Only drops, no Add, will be accepted.

Coaches are asked to turn in all field implements at the time of package pickup (hammers, discus, javelin and shot puts).

On Friday, packages may be picked up at the Track and Field Complex starting at 8:00am. Teams will be seeded and no drops will be accepted at this time.

DROP / ADD PROCEDURE:

No new athlete can be added to your list of athletes at the time of package pickup. Drop-Only process will be used.

Be sure to add all athletes at the time of on-line entry; you will have time to make changes if any, before the March 15th

Deadline at 10:00pm. If Athlete is already in system you may change his or her event.

LOST OR MISPLACED INFORMATION:

The INTERNATIONAL SPORTS CLUB web site will be open for your convenience in the event you misplace the contents of your package. Please record the web address and place it in a safe place: WWW.INTLSPRT.COM or WWW.TSUBALL.COM

JW MARRIOTT HOTEL HOUSTON



JW MARRIOTT.
HOUSTON

JW Marriott Hotel – Houston

Address: 5150 Westheimer, Houston TX 77056

Contact: Beverly Elerisic – 713-599-2246

Sales Fax Number: 713-599-2102

Email: beverly.elerisic@marriott.com

Hotel Description: The JW Marriott Houston Hotel has the most desirable uptown surroundings because we are located just a few steps away from the prestigious **Galleria Shopping Mall**. The Galleria offers over 300 retail shops and a variety of restaurants and lounges. The Galleria is in Uptown Houston and is synonymous with **the city's best dining, upscale shopping and finest nightlife.**

www.jwmarriothouston.com

RECREATIONAL FACILITIES

For guests who wish to unwind or get in a vigorous workout, our recently **renovated complimentary** one-of-a-kind health club is the place to be.

This very spacious area includes an indoor/outdoor swimming pool with sundeck, whirlpool, steam room, dry sauna, massage treatment room, 15 cardio machines featuring individual flat screen televisions and headsets, weight room with Life Fitness machines and free weights, yoga/Pilates room, full locker rooms and even racquetball and basketball courts.

Special Room Rate for TSU Relays

**\$79.00
Team Block**

**To Receive the team rate
please fax the attach form to**

**Attention:
Beverly Elerisic
713-599-2102 (Fax Line)**

**Questions please call
713-599-2246**

**\$99.00
(Individual Fan Rate)**

**To book individual rooms
Call 1-800-228-9290
And request the
Texas Southern Rate**

**(rates are based upon
availability)**

ROOM ACCOMMODATIONS

**Freshly-appointed guest room
and corridors!!!** With 515 posh oversized guestrooms, including 3 Presidential, 3 Hospitality, 2 Parlor and 20 Executive suites, guests will recognize value along with the added amenities of three telephones including one cordless, modem/fax lines, high speed internet access, **32" LCD/HDTV flat panel television**, bathrobes, curved shower rod and rain showerhead, iron and ironing board, hair dryer, and coffeemakers in each room.



TEXAS SOUTHERN UNIVERSITY



JW MARRIOTT.
HOUSTON

TSU Relays
March 18-21, 2010

University	
Contact	
E-Mail Address	
Address	
Telephone	
Method of Payment	Credit Card or School Check
	If paying with credit card we will contact you by telephone for credit card number.

Room Reservation			
Arrival Date		Departure Date	
Name of Guest			
Name of Guest			
Name of Guest			
Name of Guest			

Room Reservation			
Arrival Date		Departure Date	
Name of Guest			
Name of Guest			
Name of Guest			
Name of Guest			

Room Reservation			
Arrival Date		Departure Date	
Name of Guest			
Name of Guest			
Name of Guest			
Name of Guest			

Room Reservation			
Arrival Date		Departure Date	
Name of Guest			
Name of Guest			
Name of Guest			
Name of Guest			

RESERVATION MUST BE RECEIVED BY MARCH 1, 2010



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TSU RELAYS DIVISIONS FOR ATHLETES

MIDDLE SCHOOL

BOYS & GIRLS

HIGHSCHOOL

BOYS & GIRLS

UNIVERSITY / COLLEGE

MEN & WOMEN

UNATTACHED UNIVERSITY / COLLEGE

MEN & WOMEN

OPEN MEN/WOMEN

**This meet is not an age group meet. Come one come all.
100m and relay teams should apply only.**



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59th Annual TSU RELAYS

MEET DATES: MARCH 19th & 20TH

LOCATION: TEXAS SOUTHERN UNIVERSITY
Alexander Durley Sports Complex

TICKETS: PER SESSION PRICES– GENERAL ADMISSION
\$15 Adults, \$10 Children/H.S. Students (4 years old and under free),
TSU Students with Valid TSU ID Free
Texas Southern Athletic Department
Ticket Hotline: 713-313-GAME (4263)

M E E T S C H E D U L E

Field Events

College/University

Friday March 19 th	9:30 am	ALL EVENTS ARE FINAL
Saturday March 20 TH	1:00 pm	ALL EVENTS ARE FINAL

High School

Friday March 19 th	1:30 pm	ALL EVENTS ARE FINAL
Saturday March 21 st	9:00 am	ALL EVENTS ARE FINAL

Running Events

College/University

Friday March 19 th	9:30 am	PRELIM & FINALS
Saturday March 20 TH	12:30 pm	FINALS
*Opening Ceremonies	4:30 pm	
Running Events Resume	5:00 pm	ALL RACES ARE FINALS

High School

Friday March 19 th	1:30 pm	PRELIM & FINALS
Saturday March 20 TH	8:50 am	PRELIM & FINAL
*Opening Ceremonies	4:30 pm	
Running Events Resume	5:00 pm	ALL EVENTS ARE FINAL

NO ALCOHOLIC BEVERAGES, LARGE BAGS, BACK PACKS, COOLERS OR WEAPONS WILL BE ALLOWED IN THE STADIUM
****BE PREPARED FOR SECURITY CHECK AT ENTRY GATES****

59th Annual T.S.U. Relays Friday March 19, 2010

Field Events Schedule

9:30am	Long Jump	University	Women	Final
	*Long Jump	University	Men	Final
	#Hammer	University	Women	Final
	*Hammer	University	Men	Final
12:00noon	Pole Vault	University	Women	Final
	#Javelin	University	Women	Final
	*Javelin	University	Men	Final
1:30pm	High Jump	High School	Girls	Final
	#Discus	High School	Girls	Final
	#Shot Put	High School	Boys	Final
	Long Jump	High School	Girls	Final
	*Long Jump	High School	Boys	Final
2:00pm	Pole Vault	University	Men	Final
4:00pm	#Discus	University	Women	Final
	#Shot Put	University	Men	Final
	High Jump	University	Women	Final

Saturday March 20, 2010

9:00am	Triple Jump	High School	Girls	Final
	*Triple Jump	High School	Boys	Final
11:00am	High Jump	High School	Boys	Final
	Pole Vault	High School	Girls	Final
	#Shot Put	High School	Girls	Final
	#Discus	High School	Boys	Final
	Triple Jump	University	Women	Final
1:00pm	*Triple Jump	University	Men	Final
	High Jump	University	Men	Final
3:00pm	#Shot Put	University	Women	Final
	#Discus	University	Men	Final
	Pole Vault	High School	Boys	Final

*Immediately following Women
#Location of Throwing Events TBA

COLOR KEY

University/College - U/C

Open - O

High School - HS

Middle School - MS

59th Annual T.S.U. Relays,

Friday, March 19, 2010 - Running Events Schedule

9:30am	3000M	U/C/O	Women	Final
	3000M	U/C/O	Men	Final 10:10am
	100mH (16 Advance)	U/C	Women	Prelim
	110mH (16 Advance)	U/C	Men	Prelim
10:40am	400M	U/C	Women	Prelim
	400M	U/C	Men	Prelim
11:10am	100M (16 Advance)	U/C	Women	Prelim
	100M (16 Advance)	U/C	Men	Prelim
11:40am	400mH (heats against time)	U/C	Women	Final
	400mH (heats against time)	U/C	Men	Final 12:00noon
	4x800-Meter Relay	U/C	Women	Final
	4x800-Meter Relay	U/C	Men	Final
1:30pm	1600M (16 Advance)	HS	Girls	Prelim
	1600M (16 Advance)	HS	Boys	Prelim
2:35 pm	* 400M	HS	Girls	Prelim
	*400M	HS	Boys	Prelim
3:40pm	100M (16 Advance)	HS	Girls	Prelim
	110M (16 Advance)	HS	Boys	Prelim
4:40pm	300mH (heats against time)	HS	Girls	Final
	300mH (heats against time) HS	Boys	Final	
5:30pm	Distance Medley Relay	HS	Girls	Final
	Distance Medley Relay	HS	Boys	Final
6:05pm	4x200-Meter Relay (16 Advance)	HS	Girls	Prelim
	4x200-Meter Relay (16 Advance)	HS	Boys	Prelim
7:05pm	Sprint Medley Relay	U/C	Women	Final
	Sprint Medley Relay	U/C	Men	Final
	Sprint Medley Relay	HS	Girls	Final
	Sprint Medley Relay	HS	Boys	Final
8:15pm	Distance Medley Relay	U/C	Women	Final
	Distance Medley Relay)	U/C	Men	Final
	*4x400-Meter Relay (16 Advance)	HS	Girls	Prelim
	*4x400-Meter Relay (16 Advance)	HS	Boys	Prelim
	*No Blocks Prelim			

Saturday, March 20, 2010 - Running Events Schedule

8:30am	Mile Race Walk		Coed	Final
8:50am	3200M	HS	Girls	Final
	3200M	HS	Boys	Final
9:45 am	100mH (16 Advance)	HS	Girls	Prelim
	110mH (16 Advance)	HS	Boys	Prelim
10:20am	200M (heats against time)	HS	Girls	Final
	200M (heats against times)	HS	Boys	Final
11:05am	4x100-Meter Relay (16 Advance)	HS	Girls	Prelim
	4x100-Meter Relay (16 Advance)	HS	Boys	Prelim
11:45am	4x800-Meter Relay	HS	Girls	Final
	4x800-Meter Relay	HS	Boys	Final
12:30pm	200M (heats against time)	U/C	Women	Final
	200M (heats against time)	U/C	Men	Final
1:20pm	800M (heats against time)	HS	Girls	Final
	800M (heats against time)	HS	Boys	Final
	800M (heats against time)	U/C/O	Women	Final
	800M (heats against time)	U/C/O	Men	Final
2:25 pm	4x200-Meter Relay	MS	Girls	Final
	4x200-Meter Relay	MS	Boys	Final
2:40pm	4x200-Meter Relay (teams 9-16)	HS	Girls	Final
	4x200-Meter Relay (teams 1-8)	HS	Girls	Final
	4x200-Meter Relay	U/C	Women	Final
	4x200-Meter Relay (teams 9-16)	HS	Boys	Final
	4x200-Meter Relay (teams 1-8)	HS	Boys	Final
	4x200-Meter Relay	U/C	Men	Final

4:30pm Opening Ceremonies

5:00pm	4x100-Meter Relay	MS	Girls	Final
	4x100-Meter Relay	MS	Boys	Final
	4x100-Meter Relay Inv.	Open	Women	Final
	4x100-Meter Relay Inv.	Open	Men	Final
	4x100-Meter Relay	U/C	Women	Final
	4x100-Meter Relay (teams9-16)	HS	Girls	Final
	4x100-Meter Relay (teams1-8)	HS	Girls	Final
	4x100-Meter Relay	U/C	Men	Final
	4x100-Meter Relay (teams 9-16)	HS	Boys	Final
	4x100-Meter Relay (teams 1-8)	HS	Boys	Final
5:50pm	400M	HS	Girls	Final
	400M	U/C	Women	Final
	400M	HS	Boys	Final
	400M	U/C	Men	Final
6:10pm	100mH (9-16)	HS	Girls	Final
	100mH (1-8)	HS	Girls	Final
	100mH Inv	Open	Women	Final
	100mH (9-16)	U/C	Women	Final
	100mH (1-8)	U/C	Women	Final
6:30pm	110mH (9-16)	HS	Boys	Final
	110mH (1-8)	HS	Boys	Final
	110mH Inv	Open	Men	Final
	110mH (9-16)	U/C	Men	Final
	110mH (1-8)	U/C	Men	Final
6:50pm	100M (9-16)	HS	Girls	Final
	100M (1-8)	HS	Girls	Final
	100M Inv.	Open	Women	Final
	100M (9-16)	U/C	Women	Final
	100M (1-8)	U/C	Women	Final
	100M (9-16)	HS	Boys	Final
	100M (1-8)	HS	Boys	Final
	100M Inv.	Open	Men	Final
	100M (9-16)	U/C	Men	Final
	100M (1-8)	U/C	Men	Final
7:30pm	1600M	HS	Girls	Final
	1600M	HS	Boys	Final
7:50pm	1500M (heats against time)	U/C/O	Women	Final
	1500M (heats against time)	U/C/O	Men	Final
8:00pm	4x400-Meter Relay Inv.	Open	Women	Final
	4x400-Meter Relay Inv.	Open	Men	Final
	4x400-Meter Relay	U/C	Women	Final
	4x400-Meter Relay (teams 9-16)	HS	Girls	Final
	4x400-Meter Relay (teams 1-8)	HS	Girls	Final
	4x400-Meter Relay	U/C	Men	Final
	4x400-Meter Relay (teams 9-16)	HS	Boys	Final
	4x400-Meter Relay (teams 1-8)	HS	Boys	Final



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TSU RELAYS NOTES OF HELP

Coaches,

I would like to thank you for choosing to participate in the 59th Annual TSU Relays, scheduled for March 19 – 20, 2010. TSU Relays is the 5th largest relay in the country, and you can expect to compete against some of the nation's best athletes on one of the best running surfaces in the nation.

STADIUM AND MEET RULES AND REGULATIONS:

1. No alcoholic beverages will be allowed in the stadium. Fruit, Juices, Gatorade, Energy Bars and bottle water will be accepted (two cooler per school). All others will be dumped at entry gate.
2. Your field equipment will be accepted for weight-in when you pick up your package on Thursday, March 18th from 1:00pm - 4:30 pm. (Discuss and Shot Put for all levels; Javelins and Hammers for College/University only).
3. Each head coach or their assistant may be asked to sign off their school name at the Hi-Tech table after he or she have picked up package and have checked it for errors.
4. **Directathletics.com** will handle all entries January 5th 2010 through March 15, 2010. You may update or change your roster and other information until March 15 at 10:00pm. **NO ADDITIONS** will be made at the scratch meet. You will only be allowed to **DROP** Athletes. If an Athlete is already on your roster you may change that Athlete event.

www.directathletics.com will handle all entries.

If you misplace or lose the contents of your package, go to the International Sports Club website: www.intlsprts.com to reprint your information. You can also contact Roland Caldwell 713-433-0527, Rodney Bush at 713-313-7603 or Rosiland Thomas at 713-313-6830



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TSU RELAYS AWARD POLICY

Junior High School

4x100 AND 4x200 Relays will receive individual medals for first, second and third place. No team trophy will be awarded

NOTE: T-shirts will NOT be given to middle schools.

High School

Individual Events

First, second and third place will receive individual medals.

Relays

First, second and third place teams will receive individual medals (each student-athlete). Team trophies will be awarded to first, second, and third place relay teams.

Collegiate

Individual Events

First place winners will receive a T- shirt plus a watch.

Second and third place winners will receive T-shirts only.

Relays

First place relay teams will receive individual watches plus T-shirt (each student-athlete). A team trophy will also be awarded.

Second and third place teams will receive T-shirts only.

OPEN ATHLETES

Individual Events

First place winner will receive a T-shirt.

Second and third place winners will receive T-shirts.

Relays

First place relay teams will receive a T-shirt (each student-athlete).

Second and third place winners will receive T-shirts (each student-athlete).