3100 CLEBURNE ST. HOUSTON, TX. 77004 Office: 713-313-6885 FAX: 713-313-7842





# Tiger CAMPus REC

### **WELCOME CAMPERS!**

We are very excited that you will be joining us this summer in this fun filled active yet educational fitness adventure. Our goal is to provide the highest quality recreational day camps. We strive to provide developmental and appropriate activities that promote life-long learning of recreational and sport skills to children ages 5-14 years old. The skills are experienced in a recreation setting to encourage each child to explore fun and diverse activities.



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### SUMMER CAMP OVERVIEW

The Texas Southern University Department of Campus Recreation & Wellness is proud to offer a recreational day camp for the youth of the TSU and surrounding communities. The Tiger CAMPus Rec Summer program is a fun, recreational, motivational, and educational adventure for children ages 5-14. Camp sessions are one week in length and structured like a normal day of regular school with our campers participating in different programs throughout the Recreation Service Department facilities each day. The camp will emphasize some core values of our department: Service, Integrity, Respect, and FUN!!! All activities have a noncompetitive nature and camp staff will work with campers to improve basic skills needed to participate in several sports. This is a non-sport specific camp, and all activities are geared to beginner and intermediate skill levels.

# **Open House**

The TSU Recreation Center Open House is an excellent way for campers and parents to familiarize themselves with the TSU Recreation Service Department camp, meet the staff, and sample some of the activities the campers will be participating in over the summer. This year's Open House is scheduled for **Friday**, **June 2nd at 630PM**.

Please complete and return this form with full registration payment.

The Emergency & Medical Information and Minor Waiver forms are required by the Texas Southern University Office of General Council to attend TIGER CAMPus REC Summer Day Camp.

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# **COMMUNICATIONS**

### E- Mail

If you would like to email, feel free to do so at <a href="mailto:Txsucampusrec@tsu.edu">Txsucampusrec@tsu.edu</a> .

### Website

CAMPus REC Summer Day Camp will post daily/weekly schedules on the Campus Recreation website: CAMPUSREC.TSU.EDU

### Contacting Your Child during Camp

If you have an emergency and need to contact your child during the camp, call the TIGER CAMPus REC Summer Day Camp Hotline or directly at **(713) 313-6885 or 1845**.

Please utilize the TIGER CAMPus REC Summer Day Camp Hotline for absences, messages, and general information.

### Cell Phones and Electronic Devices

Campers are not allowed to have cell phones, pagers/beepers, iPods, or other portable electronic devices exposed during camp program time.

### WHAT TO BRING EVERY DAY

### Clothing and Shoes

Campers should come to TIGER CAMPus REC Summer Day Camp dressed for a full day of activity. We recommend **outdoor activity clothes and athletic shoes** (No sport-sandals or open-toed shoes). Please observe and inventory the clothing and items your child brings to camp each day to avoid lost items.

# **Swimming Gear**

Swimming apparel will be needed on each day (Goggles, swimwear and towel). Shower shoes are recommended for the pool deck and shower room.

# Backpack/Gym Bag

A backpack, gym, or book bag is recommended for your child's belongings. Please label all your camper's items with his or her name. TIGER CAMPus REC Summer Day Camp IS NOT responsible for lost or stolen items.

#### Water Bottle

Water is a vital component for a physically active camper. Parents are asked to send a water bottle/squeeze bottle each day, labeled with your child's name. Please encourage your child to drink water while they are attending camp. Water is available at all indoor activity areas.

3100 CLEBURNE ST. HOUSTON, TX. 77004 Office: 713-313-6885 FAX: 713-313-7842





### Sunblock

Your child will participate in outdoor activities every day. For protection from the sun's rays, we recommend applying SUNBLOCK (Spray not cream; SPF #15 or higher recommended) on your child, prior to arrival. You may also send sun block with your child for reapplication. Sun block is most effective when applied one half hour before exposure.

### Lunch

It is essential that you pack your child a lunch each day in lunch boxes or lunch bags. Lunch is not provided, and refrigeration is not available.

### **BEHAVIOR EXPECTATIONS**

The TIGER CAMPus REC Summer Day Camp Staff and Administration provides children with guidelines for appropriate behavior and rules to follow while enrolled at camp. We encourage positive actions through positive reinforcement and close supervision. Our main goal is to keep the children safely involved in activities therefore inappropriate behavior is limited. The following steps shall be followed if inappropriate behavior occurs. Special modifications may be made to adapt to a child's needs.

- 1. The child is spoken to privately in a firm but gentle manner regarding any unacceptable behavior.
- 2. If unacceptable said behavior continues, the child is removed from the activity or area for a cool down/timeout period until both the administrative staff member and the child feels the child is ready to return.
- 3. If the unacceptable behavior continues, the child's parent will be called or spoken with before the child departs for the day.
- 4. A Behavior Report will be completed and placed in the camper's file any time a child receives a cool down/time out.
- 5. If a camper receives three behavior reports during his enrollment in camp, the camper's participation in camp can be dismissed.
- 6. An Incident Report will be filed when there is evidence that a camper has engaged in behavior that results in property destruction, injury to an individual, inappropriate touching of an individual, multiple behavior reports and other inappropriate behavior is grounds for dismissal from camp.

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- 7. A child may be dismissed from camp without prior notice to the parents under the following conditions:
- a. A child engages in behavior that causes an individual to require medical attention.
- b. A child displays violent, uncontrollable behavior that puts others in the program at risk.
- \*\* A child dismissed from a session will not be able to participate in any camp sessions for the remainder of the year.
- \*\* Behavior incidents will never be dealt with in a demoralizing, humiliating, or abusive manner. No child shall be subject to neglect, cruel, unusual, severe, or corporal punishment including punishments which subject a child to verbal abuse, ridicule, humiliation, denial of food, use of bathroom facilities, punishment for soiling, wetting, or not using the toilet.
- \*\* Verbal or physical abuse by a camper or by their parent is not allowed. Abuse language includes statements that are cruel, humiliating, ridiculing, bulling and foul.

### ACTIVITY GROUPS

One of our goals at TIGER CAMPus REC Summer Day Camp is to promote individual growth. We feel that exposure to other children and new experiences are ways to achieve this goal. Hence, request for specific grouping request to pair a camper with established friends will not be honored. Campers are grouped according to their age group. Time is designated for small group and relationship development. Parents/guardians should discuss with and encourage your child to maximize his opportunities to make new friends and learn about others.

# **FACILITIES**

Your child's day will begin and end at the TSU Recreation and Wellness Center. Activities will take place at various indoor and outdoor locations on campus. Regularly scheduled swimming activities will be held at the TSU Recreation and Wellness Center with lifeguards on duty.

The first day of each session, all campers will participate in a swim test administered by certified water safety instructors (WSI's) to determine their competency and comfort level in the water. Personal flotation devices (PFDs) will be available to those children who do not pass their swim test so that they may still participate in aquatic activities. Campers will also utilize the studio and meeting rooms for various activities.

3100 CLEBURNE ST. HOUSTON, TX. 77004 Office: 713-313-6885 FAX: 713-313-7842





# Age Groups

Campers are divided into three different age groups, "Crazy Cubs- A" (5–6 year-olds), "Crazy Cubs-B" (7-8 year olds), "Raging Tigers" (9-11 year olds) and the "Sabers" (12-14 year olds).

The instructor to camper ratio for the 2022 camp is 1:10.

Depending on registration numbers, this will be the base format for our group structures. We do reserve the right to combine groups or split groups if needed, but we will do so with discretion.

# **Counselors**

All of our Counselors are ages 18 and over, have been trained in CPR/First Aid, and will make sure your camper has a memorable experience with us. Each counselor is certified in a state mandated Child Abuse Prevention Training and must complete a mandatory one-week inhouse staff training.

# Learn to Swim Program (LTS)

Campers have the option to opt out of the Learn to Swim Program (Note: although we encourage all campers to take advantage of our well-structured learn to swim program, we understand other factors may play a role to prevent that from occurring). If you opt in, your camper will be added to the learn to swim program and will participate in the daily swim activities offered. If you opt out, your camper will be placed in a daily reading-based education session that will require daily written assignments. If you decide to change your mind, and opt back in, your camper will begin L-T-S sessions the following week. Each participant must maintain a certain standard to continue in the program. All camp rules apply.

# **Education Sessions**

As part of the tiger camp programming, campers will spend one to two days per week learning about health and wellness topics relevant to their age group and will be tested on their knowledge of the subject matter each week.

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# ARRIVING AT CAMP

### **Check-in Procedures**

Campers will be checked in using the <u>PIKmykid</u> app. All parents are required to download the app to their mobile device. Check-in will be conducted from 7:30 AM - 8:30 AM. <u>Staff is NOT available until 7:30 AM</u>. Be advised that we cannot be responsible for your child until this time. NOTE: Due to liability reasons, a child may be removed from TIGER CAMPus REC Summer Day Camp if they have been dropped off prior to 7:30 AM.

### Late Arrivals

Checking your child in after 8:30 AM must be done with the approval of TIGER CAMPus REC Summer Day Camp administration. Please call the TIGER CAMPus REC Summer Day Camp Hotline to arrange your child drop-off after 8:30 am. Please note that this may require you to meet TIGER CAMPus REC Summer Day Camp administration at a site other than the TSU Recreation Center.

### DEPARTING FROM CAMP

### Early Departures

Advanced notice must be given to the staff if a parent wishes to pick up his/her child before 4:30 PM. Please call the TIGER CAMPus REC Summer Day Camp Hotline to arrange early check-out.

Please note that this may require you to meet TIGER CAMPus REC Summer Day Camp administration at a site other than the TSU Student Recreation Center.

#### **Check-out Procedures**

Parents will also use the PIKmykid app for the dismissal process. Children will only be allowed to leave with authorized persons (Government Issued ID required). Check-out will be conducted from  $4:30-5:30~\mathrm{PM}$ .

#### Extended Late Care

Registration for the extended check-out allows check-out from 5:30-6:00 PM an (additional fee is required). The cost for late care is \$20 per day or \$40 per week. Any camper picked up after 5:30pm will automatically be enrolled in late care for that day and the parent will be responsible for payment that is due by the next business day.

NOTE: TIGER CAMPus REC Summer Day Camp will contact the TSU Police Department for any child left at the TSU Recreation Center after 6:00 PM.

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# **PARKING**

The lot in front of the TSU Student Recreation Center is available for dropping off and picking up for TIGER CAMPus REC Summer Day Campers. No one is allowed to park in reserved parking spaces in the REC parking lot. Any vehicles parked in reserved parking spaces are subject to being towed at the owner's expense. Should you require parking between the hours of 9:00 AM and 4:00 PM, you must park within the west garage and pay the required fee. NOTE: If you park within the west garage at any time, you must pay the required fee to gain access.

TIGER CAMPus REC Summer Day Camp will not be able to obtain parking passes.

Campus Recreation is not responsible for parking violation tickets. In addition, Campus Recreation does not in any way have any control over any of the surrounding parking lots.

### SUMMER CAMP SOUVENIR T-SHIRT

Each camper will receive one complimentary TIGER CAMPus REC Summer Day Camp T-shirt as a keepsake for attending camp. T-shirts will be distributed at the Parent Open House or the first session for which the camper is enrolled. <u>All summer camp issued T-shirts must be worn on **Mondays** and during all scheduled **Friday** field trips/on site activities.</u>

# **ACTIVITIES**

Activities will vary each session based on available facilities and weather. During every session craft activity will be offered. Activities are sport-based in nature. Our goal is to provide a supportive and enjoyable environment where learning and fun can go hand in hand. Specific sport instruction is not a goal of the camp.

What is a Typical Day for the TIGER CAMPus REC SUMMER DAY CAMP?

This is a RECREATION based camp. Camp activities are *not* designed to develop an All-American football player, a premier tennis star, or any other top-level athlete. The camp does provide the basic fundamentals of recreational games and focusing on the campers' participation; making sure every camper is included and has a fun, safe, and educational experience.

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Listed below is an example of a typical day for a group.

Morning Drop off: 7:30am-8:15am Group activity: 8:15am-8:30am 8:30am-9:15am Activity 1: Snack: 9:15am-9:40am Activity 2: 9:40am-10:25am 10:25am-11:30am Swimming Lunch and Movie: 11:45am-2pm Activity 3: 2:00-2:40pm 2:40pm-3:20pm Activity 4: Activity 5: 3:20pm-3:45pm CIT activity: 3:45pm-4:15pm Pick up: 4:15pm-5:30pm Late Care: 5:30pm-6:00pm

# **VALUABLES**

No cell phones, iPods or portable electronic devices are allowed at camp. We request that your child leave all items of sentimental or monetary value at home. This may include collector cards, handheld video games, sports equipment, money, etc. Items that are not appropriate for camp will be confiscated and locked in the office safe until check-out. TSU Campus Recreation cannot be responsible for lost or stolen items.

# **FOOD**

### Lunches

Lunch begins around 11:45 AM each day. Lunches should be brought in small coolers (recommended), lunch boxes or lunch bags. When packing your child's lunch please put his/her name on the cooler/bag.

Please help us in making sure your child has the energy needed to enjoy camp by making sure they eat a good breakfast and have a substantial lunch packed.

TIGER CAMPus REC Summer Day Camp may provide lunch on the last day of each session. Please alert TIGER CAMPus REC Summer Day Camp administration of your camper's food allergies on the Emergency & Medical Information Form.

#### Snacks

Snacks will be provided during the morning & at pick up.

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### PAYMENT INFORMATION

All camp operates on a first come/first serve system. We will not reserve any "spots" that have not been paid for. You must pay for additional sessions in advance to secure a spot. We strongly advise all parents to pay for sessions in advance to avoid missing out on future sessions due to nonpayment. The payment deadline for each session is one week prior to the start of the session.

NOTE: Space for camp is limited and is on a first come/first serve basis. Limited spots will exist regardless of age group.

Session registration will be CANCELLED if payment is not received in full by the due date.

- Camp fees can be paid by cash, check, and money order or credit card via our online storefront: Summer Camp Payment Link
- Checks and money orders should be made payable to: TSU Department of Campus Recreation

# **CANCELLATIONS & REFUNDS**

If your plans change and you need to cancel your child's registration from a camp session, you will receive a refund if Campus Recreation is notified in writing by at least seven (7) days before the camper's start date. No refund will be credited to absent campers.

All cancellations must be made in writing. Payments are non-transferable to other sessions.

# **MEDICATION**

Per university policy, Summer Camp staff members and volunteers are not permitted to administer medication of any kind to campers. All campers must self-administer medication when needed or a parent or guardian listed on the authorized list must administer it. A Child Medical/Physical Care Plan Form and Request for Administration of Medication Form must be completed by the parent/guardian of any camper who requires medication including inhalers and EpiPens.

Forms will be available at Check-in/out.

3100 CLEBURNE ST. HOUSTON, TX. 77004 Office: 713-313-6885 FAX: 713-313-7842





# **ACCIDENTS & EMERGENCIES**

In the case of an emergency or accident involving your child, following notification of the appropriate emergency personnel, parents and guardians will be notified of the emergency, actions that have been taken, where their child is and care that needs to be continued. All members of the camp staff are certified in Adult & Child CPR, AED and First Aid and have also been trained in emergency procedures at all locations.

### **ILLNESS**

If your child should become ill while at camp, parents and guardians will be notified. The camp does not have a registered nurse on staff; therefore, parent/guardians will decide if the camper should be removed when they are ill.

TIGER CAMPus REC Summer Day Camp administration reserves the right to refuse admission to any child who appears ill.

# IMPORTANT CONTACT INFORMATION

TSU RECREATION & WELLNESS CENTER

713-313-6885

TXSUCAMPUSREC@TSU.EDU

JEREMY LEWIS- CAMP COORDINATOR

713-313-6897

JEREMY.LEWIS@TSU.EDU

JESSICA ALLEN- ASSISTANT CAMP COORDINATOR

713-313-6881

JESSICA.ALLEN@TSU.EDU

DR. IISHA VOLTZ- DIRECTOR OF CAMPUS RECREATION

713-313-6896

IISHA.VOLTZ@TSU.EDU

DEPARTMENT OF PUBLIC SAFETY

713-313-7001