

MAJOR/ASSOCIATED COURSES FOR THE
BACHELOR OF SCIENCE DEGREE IN HEALTH
TRACK II (NON-TEACHING)
BY LEVEL AND SEQUENCE

Freshman

First Semester

PE 102 (Physical Fitness), 1 cr

Second Semester

PE 122 (Aerobic Activities), 1 cr

HED 233 (History and Principles of Health), 2 cr

Sophomore

First Semester

HED 234 (History and Biological Function), 3 cr

BIOL 245 (Human Anatomy and Physiology), 4 cr

Second Semester

HED 223 (Basic CPR), 2 cr

HED 333 (Emergency and Care of Injuries), 3 cr

Junior

First Semester

HED 335 (Problems in Community Health), 3 cr

HED 339 (Diseases and Consumer Health), 3 cr

HED 399 (Health Seminar), 2 cr

PE 437 (Kinesiology), 3 cr

Second Semester

HED 340 (Environmental and Public Health), 3 cr

HED 432 (Fitness for Living), 3 cr

HED 436 (Hygiene of the School Child), 3 cr, **if needed**

HED 472 (Foundations of Safety), 3 cr

HED 477 (Human Sexuality), 3 cr

Senior

First Semester

HED 433 (Personal Health and Safety I), 3 cr

HED 434 (Mental Hygiene), 3 cr

Second Semester

HED 471 (Personal Health and Safety II), 3 cr

HED 499 (Supervised Individual Work/Research in Community Health), 6 cr