



QEP Play 10: Wellness

Engagement Play

Goal: Students will have knowledge of, and access to, University resources that address their personal, emotional, and social needs.



Quarterback:

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Essential Staff

- University Health Center
- Student Services
- Social Work and Psychology Faculty



Linkages w/ Other Plays

- Institutional Technology
- Campus Engagement – Play 13



Student Learning Focused Play

This play is focused on addressing distinct learning or behavioral needs and/or interests.

Strategies

- P-10a. Establish customized wellness activities based on student’s reported wellness issues as well as social and academic interests.
- P-10b. Introduce students to resources and opportunities available at the University that foster physical, intellectual, cultural, emotional, mental, professional, social, and financial wellness.

Measures

Institutional Change/Output Process Implementation

1. Administration of Wellness survey (distribution dates and number of students participating) *[associated outcome: demonstrating knowledge of campus-based profile]*
2. Development of presentations that address survey results (survey summary results and associated presentations based on results) *[associated outcome: utilize available resources for achieving and sustaining, various types of health]*
3. Number of presentations (calendar of events/presentations) *[associated outcome: demonstrate personal responsibility]*
4. List of students attending presentations (student participation lists)

Student Learning / Behavior Change Scale

Eighteen (18) item scale related to student awareness and use of campus resources that address personal, emotional, and social needs.